

## DCB Defensive Tactics

2019-2020

Cert#:09353220

Staff will be able to perform the follow a) Officer will be able to perform all department approved defensive tactics techniques to a satisfactory or above level b) Officers will recognize if force is needed by understanding the severity of behavior, the presence of an immediate threat, and presence of active resistance c) Officers will recognize what force options may be needed by assessing/observing a subject(s) mental health/behavior d) Will understand what the purpose that any use of force is to defend oneself/others or to control a hostile, aggressive, or violent subject(s) with objectively reasonable force

### Communication

Time –8hr Course	Topics covered	Methodology
0800-0830 hours	Welcome Sign in, Injury notification, ground rules and safety briefing.	"Lecture", "Group Discussion"
0830-0900 hours	Dynamic Warm up and review	"Lecture", "Group Exercise"
0900-1000 hours	Strikes and Kicks and Blocking foam batons Techniques.	"Demonstration", "Group Exercise"
1000-1100 hours	Control Holds	"Demonstration", "Group Exercise"

11100-1150 hours	Handcuffing	"Demonstration", "Group Exercise"
1300-1315 hours	Dynamic Warm up	Lecture Group Exercise
1315-1400 hours	Seated and standing officer take downs.	Demonstration Group Exercise
1400-1445 hours	Two man Officer take downs at table.	Demonstration Group Exercise
1445-1645 hours	Room entry Options	Demonstration Group Exercise
1645-1655 hours	Static stretching	Lecture Group Exercise
1655-1700 hours	Course Evaluations	Group Exercise

Classroom Setup: Group Setting

Materials: Mat Room, Scenario Room, Bobs