

Course Name: Real Colors

Cert# 49-47710

Course Summary:

Using Real Colors® personality assessment instrument, this course uncovers an understanding of human behavior and what motivates others. It empowers people to resolve conflict at a more creative but practical level. The course will create a learning environment where all participants will be able to identify temperament of youth and/or adults and help them understand their temperament and improve interpersonal relationships within the workplace. It also provides a better understanding of learning, teaching, and communication styles as they relate to the four colors.

Performance Objectives

- a. Articulate what is Real Colors?
- b. Identify temperament.
- c. Explain the language of Colors and how to listen for it through values, needs, strengths and joys.
- d. Discuss the assessment tool and what the scores mean.
- e. Identify their strengths and the strengths of others
- f. Listen and speak in the language of "colors"
- g. Identify how your color influences the way we talk to each other and process information
- h. Identify the learning styles of others
- i. Modify communication style to connect with others

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| 0800 | 0900 | Introductions What is Real Colors? History Preferences (Activity) Perception Test-That shows how other people perceive things different | Lecture | | |
| 0900 | 1000 | What is Temperament Explain what values are and how they are help people process information. Learning styles discussed and how they relate to Colors -Kinetic, Audio, visual, Combination Activity in Real Colors Booklet that determines what Color you are. Assessment Tool What the scores mean Understanding how your color influences the way we talk to each other and process information | Lecture | | |

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| 1000 | 1100 | Group activity-Values, Needs, Strengths, and Joys discussed and put on paper to share with the class. Explained by someone in the group to show how information is processed Also to show the differences in each group's perception. The language of Colors is explained and how to listen for it. | Group Exercise | | |
| 1100 | 1145 | Instructor will Choose a Real Colors Activity ex. Whose Relationship or Temperament The activity will show what has been taught and have students modify their communicative style to connect with others. | Group Exercise | | |
| 1145 | 1200 | Students will have time to ask questions and complete evaluations | Evaluation | | |